

FAQS

Is there a place to check a bag or gear?

Sorry, no.

Why didn't the registration form ask for my shirt size?

Tee shirt sizing varies greatly from manufacturer to manufacturer. We order tee shirt sizes according to historical percentages from previous events. In the case we run out of a size, we do offer rain checks which are generally available for pickup within 7-10 days after the race day at the Village Runner in Redondo Beach.

Shirt sizes and availability:

Shirts sizes are available on a first come, first served basis regardless of early or late registration. The following tee sizes will be available:

- Unisex: Small thru 2X-Large
- Women's slim cut: Small thru X-Large
- Youth: Small thru Large

How is finish time recorded and awards determined?

Electronic timing is the most accurate timing system available and allows your time to start when you reach the starting line, instead of when the gun goes off. Age group awards are determined by strip timing device time. All strip timing devices are pre-activated and do not require race day activation.

Number of timers on course:

3 timers with splits called out at every mile.

Is there a water stop?

Yes, there will be a water stop midway through the course located near Catalina Ave. and Torrance Blvd.

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Awards

The top three finishers in each men's and women's age division wins a medal. If you cannot stay for the award ceremony following the race at Rock & Brews, you can pick up your medal at the Village Runner in Redondo Beach. Medals must be claimed within 30 days.

Team Awards

A team needs a minimum of 5 runners to score. The fastest five times on each team will be combined and counted toward their total time. The three lowest overall total times for a team win the following awards:

1st Place Team= \$100 Gift Card to Rock N Brews

2nd Place Team= \$75 Gift Card to Rock N Brews

3rd Place Team= \$50 Gift Card to Rock N Brews

Computerized Chip Timing:

The 5K uses a disposable chip timing system and all participants have their timing device on their bib number so be sure not to fold your bib so as to not bend the timing chip behind the foam pad. Pin your bib # to your chest/front and you're all set. Participants must cross timing mats at start and finish in order to be timed.

Is There Race Day Registration?

Yes. Race day registration opens the morning of the race at 6:30am near the Village Runner in Redondo Beach on Catalina Ave. near S. Elena Ave.

Can We Email/Phone in/Fax Registration Forms?

No. Options for registering are in-person at Village Runner Redondo Beach through July 4th or online through Racewire.com through July 1st at midnight.

Is the course USATF Certified?

Yes. This is a USATF sanctioned and certified course. Certification number is CA97038RS

Can I run with my dog or baby stroller? Can I wear skates, ride bikes, scooters, etc.?

Due to extreme risk to other runners the City of Redondo does not allow participants to run/walk with their pets, strollers, or usage of skates, bikes, scooters, etc in the 5K.